Gumboot Rice

1 dozen gumboots, cooked

5 cups rice, cooked

Black seawood

1/2 cup frash salmon oggs

1 onion

5 tablespoons seel oil or olive oil Slice the gumboots and onion and mix with the rice in a large bowl. Cut the seaweed into long strips and add to the mixture. Combine everything with seal oil

or olive oil. Other seafood can be added to

the rice as well.

